

1. WAIST: noun; the middle part of your body between your chest and hips, which is usually narrower than the area above and below. When I was young I had a very small waist.
2. PRAY: vb; to speak to God. I pray for the people I love.
3. NEED: vb; to be in a condition or situation in which you must have something. I need some advice. Do you need help?
4. WON: pas tense of the verb to win to achieve victory in a fight, contest, game, etc. The student from Liceo Majoran won the spelling competition.
5. MEAT: noun; the flesh of an animal used as food. She doesn't eat meat.
6. PALE: adj; light in color/ having a skin color closer to white than usual. The walls were painted a pale blue./ Are you feeling well? You look pale.
7. BRAKE: noun; a device for slowing or stopping something (such as a wheel or a vehicle). The car needs new brakes.
8. HOUR: noun; one of the 24 equal parts of a day: 60 Minutes. It takes me 2 hours to do my homework.
9. WEAK: adj; Having little physical power or ability: not strong. After my illness I was very weak. I felt weak while I had the flu.
10. SAIL: vb; to travel on water in a ship or boat: We'll sail along the river.
11. EYE: noun; the part of the body that you see with. He has bright blue eyes.
12. FAIR: adj; what is thought to be right, acceptable or equal. It was a fair fight. I think the teacher's grades are fair.
13. ATE: past tense of the verb to eat - to take food into your mouth and swallow it. I ate too much cake at the birthday party.

14. TOO: adv; used at the end of a sentence - in addition. My new girlfriend is beautiful and fun and she's rich too! Used before an adjective or adverb - more than what is wanted. These trousers are too small for me.

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15. THEIR: adj; possessive form of they - relating to or belonging to certain people. All the furniture in their house is new.

16. TALE: noun; story about imaginary events. When I was a child my mother would read me fairy tales.

17. CENSOR: vb; to examine books, movies, letters, etc. in order to remove things that are considered to be offensive, immoral, harmful to society. The government censored all references to the protest march.

18. RED: adj; having the color of blood. She has red hair. I love fire trucks because they are red.

19. CREWS: noun pl; the group of people who operate a ship or a plane. Most airline crews speak at least 2 languages.

20. DRAUGHT: noun British cool air moving in a closed space. I feel a draught can you see if there is a window open somewhere.

21. WHOLE: adj; complete or full. The whole class went on the trip.

22. SOW: vb; to plant seeds in an area of ground. Every year we sow corn.

23. FLOWER: noun; the part of a plant that is often brightly colored. The plant is known for its big white flowers.

24. PLAIN: adj; having no pattern or decoration; easy to see and understand, honest. Her dress was very plain. Her story is the plain truth.

25. WEATHER: noun; the state of the air and atmosphere in a particular time and place. The weather in Italy is great compared to the weather in England.

26. PEDDLE: vb; to sell something usually in small amounts and often by traveling to different places. They peddle fruit and vegetables out of their truck on the side of the road.

27. HEAR: vb; to be aware of sound through the ear. Can you hear the music?

28. KNEW: past tense of verb to know - to have information of some kind in your mind. I knew all the answers to the questions on my English test.

29. SEA: noun; the salt water that covers much of the earth's surface. I love swimming in the sea in the summer.

30. RIGHT: adj; morally or socially correct or acceptable. Stealing is not right.

31. WRITE: vb; to form letters or numbers on a surface with a pen, pencil etc. Students usually learn to write in primary school.

32. SEE: vb; to notice or become aware of someone or something by using your eyes. I can't see anything without my glasses. It was so dark I couldn't see a thing.

33. NEW: adj; not old : recently born, built, created. They visited the new library. She was looking for new shoes.

34. HERE: adv; in this place, at this location. I like it here. Hello is anyone here?

35. PEDAL: noun; a flat piece of metal, rubber, etc. that you push with your foot to make a machine move, work or stop. The pedal of the bike came off.

36. WHETHER: conj; if it is or was true that. Do you know whether there is a test or not tomorrow? I don't know whether to go home or stay here.

37. PLANE: noun; a vehicle that has wings and an engine and can carry people or things in the air. We will be traveling to London by plane.

38. FLOUR: noun; powder made from a grain that is used in cooking for making bread, cakes, etc. I used two cups of flour to make this cake.

39. SEW: vb; to make or repair something by using a needle and thread. He sewed up the tear in his trousers.

40. HOLE: noun; an opening into or through something. I have a hole in my sock.

41. DRAFT: noun; the version of something such as a document that you make before you make the final version. Can you read the draft of my speech and tell me what you think.

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42. CRUISE: noun; a journey on a boat or a ship to a number of places as a vacation. They went on a cruise around the Mediterranean for their honeymoon.

43. READ: the past tense of the verb to Read – to look at and understand the meaning of letters, words, symbols. She learned to read at a very young age. I can't read your handwriting.

44. SENSOR: noun; a device that detects or senses heat, sound, light, motion. Infrared sensors can track the movement of an object.

45. TAIL: noun; the part of an animal's body that extends from the animal's back end. Dogs wag their tails when they are happy.

46. THERE: adv; in that place: at that location. Turn there at the church. When will you be there?

47. TWO: adj; the number 2- I have two apples. Noun; The second in a set – page two.

48. EIGHT: adj; the number 8 – I have 8 apples.

49. FARE: noun; the money a person pays to travel on a bus, train, boat or airplane or a taxi. How much is the bus fare from your house to the school?

50. I: pronoun first person; the person who is speaking or writing – used as the subject of the verb. I like to drive. I think we should leave now.

51. SALE: noun; the act of selling something: the exchange of goods, services, or property for money. They profited from the sale of the house.

52. WEEK: noun; a period of 7 days. I can meet you some time next week.

53. ONE: adj/noun the number 1. I can count from 1 to 100.

54. OUR: possessive form of we: relating or belonging to us. Our house is made of wood. We bumped our heads.

55. PAIL: noun; a round container that is open at the top with a handle for carrying it. Children like putting sand and water in their pails when they are at the beach.

56. MEET: VB; to see and speak to someone for the first time. To be introduced to or become acquainted with someone. Did you meet anyone interesting at the party last night?

57. KNEAD: vb; to prepare dough by pressing a mixture of flour, water, etc. with your hands. Knead the dough until it is smooth. You have to knead the dough well to make good pizza or bread.

58. WASTE: Noun/vb; loss of something valuable because too much is used or because it is used in a way that is not necessary or effective. We must try not to waste water.

59. PREY: noun; an animal that is hunted or killed by another animal for food. Seals are easy prey for sharks.

60. BREAK: vb; to separate something into parts or pieces often in a sudden way. Break the chocolate bar into pieces so that everyone can have some. I accidentally bumped into the table and the lamp fell and broke into pieces.

61. ARMCHAIR: noun; a chair with support for your arms. I have a really old armchair. I'll never give it away because it is so comfortable.

62. BOOKCASE: noun; a piece of furniture with shelves for holding books. I have to buy another bookcase because the one I have is all full.

63. CROWDED: adj; filled with too many people. The room was crowded with people.

64. FLOOR: noun; the part of a room on which you stand. Take off your shoes! You're getting mud all over my clean floor.

65. HISTORY: noun; the study of past events. My father teaches Medieval history at college.

66. KITCHEN: noun; a room in which cooking is done. Joan asked her family to stay out of the kitchen while she was preparing dinner.

67. SHOWER: noun; a device that produces a spray of water for you to stand under and wash your body. My hotel room has a shower but no bath.

68. SINK: noun; a wide bowl that has a faucet for water and a drain at the bottom and is usually in the kitchen or the bathroom. Put the dirty dishes in the sink.

69. TIDY: vb; to put in order. My mother always tells me to tidy my room.

70. GUESS: vb; to form an opinion or give an answer about something when you do not know much or anything about it. Can you guess how many people were at the party last night?

71. BORED: vb; to make someone tired or annoyed by being uninteresting or too much the same. The students were bored by the teacher.

72. WARDROBE: noun; a room, closet, or place where clothes are kept. I have too many clothes! My wardrobe is full.

73. HUNGRY: adj; having an uncomfortable feeling in your stomach because you need food. I'm hungry, when's dinner?

74. **TEENAGER:** someone who is between 13 and 19 years old. My daughter is a teenager. That TV show is very popular with teenagers.
75. **NURSE:** noun; a person who is trained to care for sick or injured people and who usually works in a hospital or doctor's office. The nurse will take your blood pressure before the doctor sees you.
76. **BORROW:** vb; to take and use something that belongs to someone else for a period of time before returning it. Can I borrow your camera?
77. **CLIMBING:** to go up mountains, cliffs, etc. as a sport. He dreams of climbing Mt. Kilimanjaro.
78. **HEALTH:** noun; The overall condition of someone's body or mind. My parents are in excellent health.
79. **HIGHLIGHT:** the best part of something. I missed the game but I saw the highlights on the evening news.
80. **SIGHTSEEING:** noun; the activity of visiting the famous or interesting places of an area. We spent the afternoon sightseeing.
81. **EQUIPMENT:** noun; supplies or tools needed for a special purpose. I'm looking for a hobby that doesn't require a lot of equipment.
82. **LEAF:** noun; one of the flat and typically green parts of a plant that grow from a stem or twig. We watched as the last leaf on the tree fell.
83. **ELSE:** adv; in a different or additional manner or place. We decide to go someplace else for dinner.
84. **FAITH:** noun; strong belief or trust in someone or something. Our faith in the government was badly shaken.
85. **FEAST:** noun; a special meal with large amounts of food and drink, The family provided a feast after the wedding.

86. GRAPH: noun; a drawing that uses a series of dots, lines, etc. to show changes. The graph showed the temperature changes during the month.

87. FAULT: noun; responsibility for a problem, mistake, bad situation, etc. John said that the accident was not his fault.

88. LAUGH: vb; to show that you are happy or that you think something is funny by smiling and making a sound from your throat. People laugh at his jokes.

89. LAMB: noun; a young sheep. She's as gentle as a lamb.

90. DOUBT: noun; a feeling of being uncertain or unsure about something. I doubt my parents will let me go to the party.

91. THOUGH: conj. Despite the fact that. She was in good health though a bit overweight.

92. GHOST: noun; the soul of a dead person thought of as appearing to living people. It is said that a ghost haunts that house.

93. TOMB: noun; a building or chamber above or below the ground in which a dead body is kept. King Tut's tomb contained many valuable artifacts.

94. SNOWFLAKE: noun; a snow crystal. Gail liked the sweater with an image of a snowflake on the front.

95. JUNGLE: noun; a large area of land usually in a tropical region covered with a thick tangled growth of plants. The military unit spent a month learning how to survive in the jungle.

96. TERRIBLE: adj; causing great fear. Dan woke up crying from a terrible nightmare.

97. LIBRARY: noun; a place where literary or reference materials are kept for use but not for sale. Tony borrowed some books from the library.

98. WEAKNESS: noun; lack of strength. Sam's doctor suggested physical therapy to treat his muscle weakness.

99. PUMPKIN: noun; a large round orange or yellow fruit related to the squash that is used as a vegetable. Pat carved a face in the large pumpkin for Halloween.

100. SUBSTITUTE: noun; a person or thing that takes the place or function of another. When our teacher was sick, a substitute took over her classes.

101. WASTEFUL: adj; spending or using in a careless or foolish way. The Congressional committee suggested ways to reduce wasteful spending.

102. PEACE: noun; a state in which there is no war or fighting. I always pray for peace.

103. BUY: vb; to get something by paying money for it. My mother buys my clothes for me.

104. CHECK: vb; to look at something carefully to find mistakes or problems.
I always check my spelling before I hand in my homework.

105. HEIR: noun; a person who has the legal right to receive the property of someone who dies or has the legal right to take the title or position of the person who dies. John is the heir to his family's fortune. The Prince of Wales is the heir to the throne.

106. ROLE: noun; the character played by an actor. He plays the role of the villain in the film.

107. POLL: noun; an activity in which several or many people are asked a question or a series of questions in order to get information about what most people think about something. A recent poll shows a decrease in the number of teenagers who smoke.

108. BOY: noun a male child. She gave birth to a boy.

109. CITE: vb. To write or say the words of a book, author, etc. The article cites several experts on the subject.

110. BUOY: noun; an object that floats on water in a lake, river, seashore to show areas that are safe or dangerous for boats or

people. I swam out to the buoy. My mother told me not to go out beyond the buoy.